Clinical Applications of [F-18]FDG and [F-18]FCH PET/CT in Hepatocellular Carcinoma

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Introduction

Hepatocellular carcinoma (HCC) is the sixth most common malignancy worldwide and varies greatly in geographic occurrence. Incidence of HCC in Eastern Asia and Middle Africa is at least 10 times higher as in Europe and the United States.

In a cirrhotic liver, diagnosis of HCC is based on one multiphase CT or dynamic MRI imaging study, if definitively characteristic for HCC.

However, imaging results are complicated by interfering effects of treatment, including necrosis, local inflammation, and fibrosis. This makes detection and distinction of viable tumor tissue difficult and, possibly, unreliable with CT and MRI.

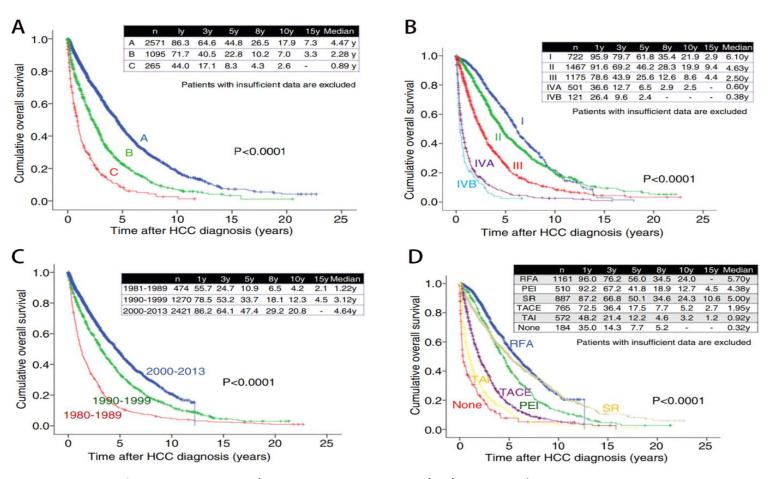
肝癌影像診斷標準

- 2001年European Association for the Study of the Liver對大於2公分的肝臟腫瘤發展出非侵犯性診斷標準。
- (1) 超音波、CT、MRI等影像學檢查,有兩種檢查一致顯示有大於2公分以上且動脈血管豐富(hypervascular)的腫瘤。
- (2)一種影像學檢查呈現典型肝癌影像,且合併血清AFP大於400 ng/ml以上。

單一血清AFP或超音波異常並不能確立肝癌診斷。

Bruix J, et al. J Hepatol, 2001, 35: 421-30.

肝癌的治療與預後



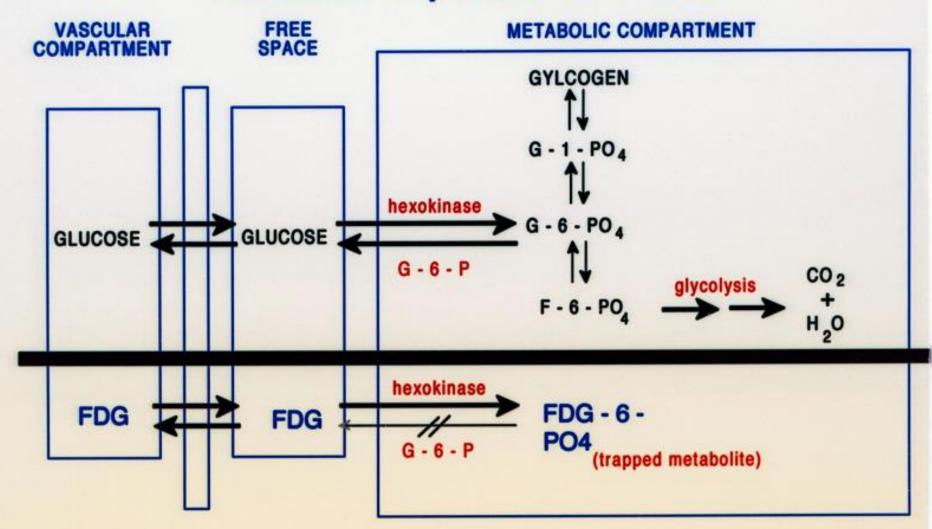
日本1981~2013年間4165位肝癌患者的預後。

Osaki Y, Nishikawa H. Hepatol Res, 2015, 45: 59-74.

Introduction

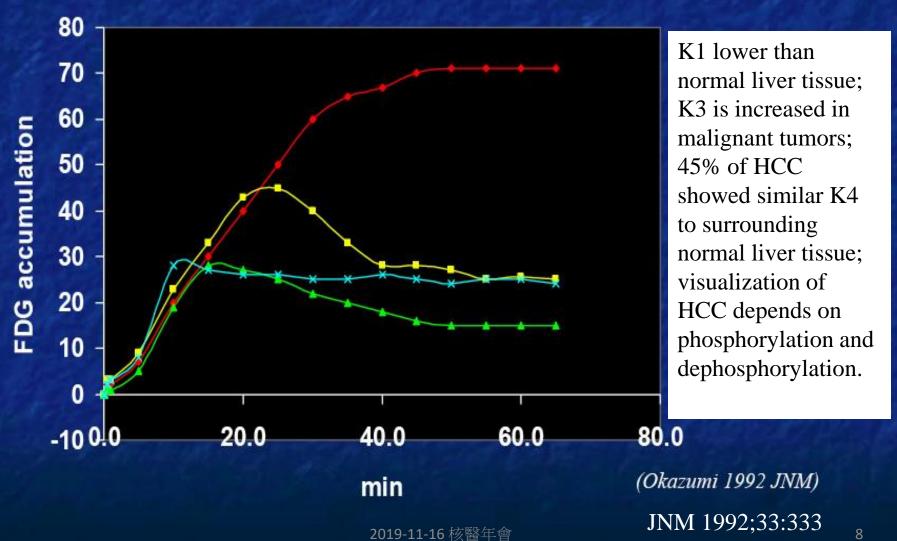
- The diagnostic work-up for HCC does not include standard ¹⁸F-FDG PET/CT imaging, because diagnostic accuracy is limited, especially in well differentiated HCC.
- In a study by Talbot JN, et al., [F-18]methylcholine (18F-FCH) showed a high sensitivity (88%, n=34 Pts), as compared to FDG (68%, p=0.07), and was found to be useful for detection and follow-up of patients with HCC. (J Nucl Med 2010;51:1699-1706.)

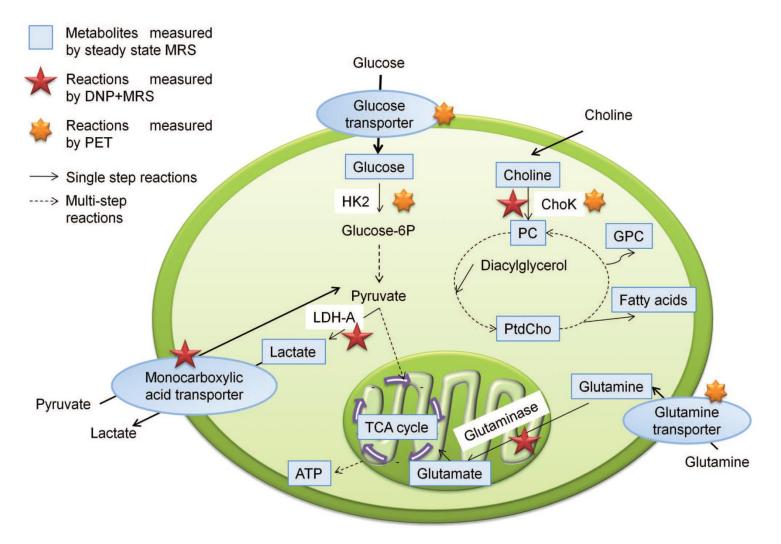
Cellular Uptake of FDG



UCLA 95

Time activity curve of different types of HCC in FDG accumulation





A diagram of some key metabolic pathways and intermediates being used for cancer metabolic imaging by MRS and ¹⁸F-FCH and ¹⁸F-FDG PET/CT scan. Treatment with molecularly targeted drugs is often associated with alterations in the metabolic profiles of cancer cells and tumors. Cell Cycle 2011;2883-93.

Eur J Nucl Med Mol Imaging (2006) 33:1285-9

PET/CT in patients with hepatocellular carcinoma using [18F] fluorocholine: preliminary comparison with [18F]FDG PET/CT

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Results (overall)

	НСС	Non-HCC	Total		НСС	Non-HCC	Total
FDG (+)	12	10	22	Fcholine (+)	13	2	15
FDG (-)	4	3	7	Fcholine (-)	3	11	14
Total	16	13	29	Total	16	13	29

Sensitivity: 75 %,

specificity:23.1 %,

accuracy: 51.7 %

Sensitivity: 81.3 %,

specificity:84.6 %,

accuracy: 82.8 %

НСС	FDG (+)	FDG (-)	Total
Fcholine (+)	10	3	
Fcholine (-)	2	1	
Total			16

Total detection rate: 93.8 %,

6.3 % missed

Eur J Nucl Med Mol Imaging 2006;1285

J Nucl Med 2010;51:1699-706

TABLE 1

Diagnostic Performance of ¹⁸F-Fluorocholine and ¹⁸F-FDG PET/CT for Detection of HCC or Other Malignancies in Patients with Liver Nodules on Cirrhosis or Chronic Liver Disease

	¹⁸ F	-fluorocholine PET/CT	18	F-FDG PET/CT	
Parameter	Value	95% CI	Value	95% CI	McNemar test
Patient-based sensitivity for HCC or hepatocholangiocarcinoma (n = 34)	88%	73%–97%	68%	50%–83%	NS $(P = 0.07)$
Detection rate in patients with other malignancies $(n = 8)$	88%	47%–100%	88%	47%–100%	NS
Patient-based specificity in case of benignity $(n = 17)$	47%	23%–72%	94%	71%–100%	P < 0.01
Overall site-based sensitivity for HCC or hepatocholangiocarcinoma (n = 70)	84%	74%–92% (hot or photopenic site evocative of malignancy)	67%	55%-78% (hot site evocative of malignancy)	P = 0.01
Site-based sensitivity for well-differentiated HCC (n = 32)	94%	79%–99%	59%	41%–76%	P = 0.001
Site-based sensitivity for poorly differentiated HCC or hepatocholangiocarcinoma (n = 38)	76%	60%–89%	74%	57%–87%	NS
Detection rate in other malignant sites (n = 18)	78%	52%–94%	89%	65%–99%	NS
Site-based specificity in case of benignity $(n = 34)$	62%	44%–78%	91%	76%–98%	P < 0.01

肝癌正子掃描影像生物標記之研發與多中心臨床試驗—以[18F]fluorocholine 進行肝癌病人的正子電腦斷層掃描

生技醫藥國家型科技計劃

臺大醫院、中山醫大附設醫院、義大醫院、花蓮慈濟醫院

NSC 101-2325-B-040 -001 -

NSC 102-2325-B-040 -001 -

MOST 103- 2325- B- 040- 001-

101年12月 - 104年11月

Study Objectives

Primary study objective:

To evaluate the sensitivity of ¹⁸F-FCH and ¹⁸F-FDG PET/CT for detecting HCC in patients with cirrhosis or chronic liver disease.

Secondary study objectives:

- To evaluate the specificity of ¹⁸F-FCH and ¹⁸F-FDG PET/CT for detecting HCC in patients with cirrhosis or chronic liver disease,
- 2. To evaluate the correlation of the uptake of ¹⁸F-FCH and ¹⁸F-FDG with the differentiation of HCC;
- 3. To evaluate safety/tolerability profiles of ¹⁸F-FCH .

Inclusion criteria

- 1. Male or female, age ≥ 20 years old.
- 2. Patient who accepts to enter the study by signing written informed consent.
- 3. Patient with performance status ≤ 2 Eastern Cooperative Oncology Group (ECOG).
- 4. Patient with cirrhosis or chronic liver diseases suspected to have at least 1 hepatic nodule larger than 1 cm in diameter detected by conventional image (US, CT, MRI). Patient should not yet receive any therapy relevant to the aforementioned diagnosis.
- 5. Female patient must take reliable contraception method(s) during the participation of the study.

Exclusion criteria

- 1. Patient has serious allergic history or known allergy ¹⁸F-FCH or ¹⁸F-FDG .
- 2. Patient has been diagnosed of multiple malignancies.
- 3. Female patient who is pregnant, lactating or planning to become pregnant during the study.
- 4. Patient has been participated in other investigational trials within 28 days prior to study enrollment.
- 5. Patient is unable to undergo PET/CT scan.
- 6. Subjects with active systemic infections, or medical conditions that may significantly affect action, adequate uptake and elimination of radiotracer.
- 7. Subject with conditions judged by the investigator as unsuitable for the study.

Randomization and Interpretation

Study Period Visit Study time point	Screen 1 ≤ 14 Days prior to Day 1	Randomization 2 ≥ 3 Days prior to Day 1	PET/CT E 3 Day 1	4 Day 3~16	Follow-up N/A Day 1 to ≤ 6 Months
Sequence I Sequence II			¹⁸ F-FCH ¹⁸ F-FDG	¹⁸ F-FCH ¹⁸ F-FDG	

PET/CT reading

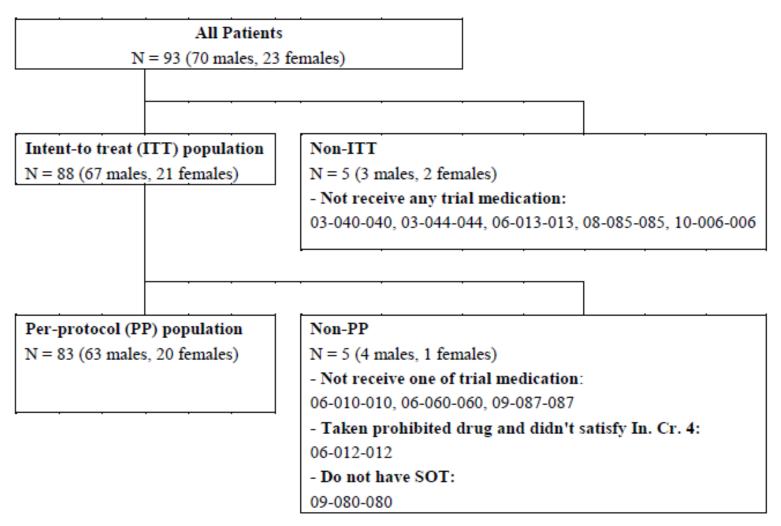
Mask readings were performed for all PET/CT images by 2 nuclear medicine physicians. The evaluation of the likelihood of cancer was reported on a grid according to the following 5-grade scale:

- 0, no cancer or definitely nonpathologic aspect;
- 1, probably benign lesion;
- 2, equivocal lesion;
- 3, probably cancer;
- 4, most probably cancer.

Standard of Truth (SOT) Determination

- The SOT determination was on a per-patient basis and per-site basis.
 - On a per-patient basis, the SOT was defined as HCC lesions that was histologically proven or if the arterial hypervascularity and venous or delayed phase washout obtained by dynamic contrast-enhanced MDCT or MRI showed suspected HCC.
 - For the per-site basis, the SOT for liver nodules was based on the histological evidence obtained from the available specimens obtained prior to entering the study or at follow-up.

Deposition of Subjects



Results

Statistical analyses for the sensitivity of ¹⁸F-FCH and ¹⁸F-FDG (per-patient basis)

Treatment (Patient number)	¹⁸ F-FCH (N =71)	¹⁸ F-FDG (N =71)
Negative	14 (19.7%)	31 (43.7%)
Positive	57 (80.3%)	40 (56.3%)
95% CI	[71.03%, 89.54%]	[44.80%, 67.87%]

Statistical analyses for the specificity of 18F-FCH and 18F-FDG (per-patient basis)

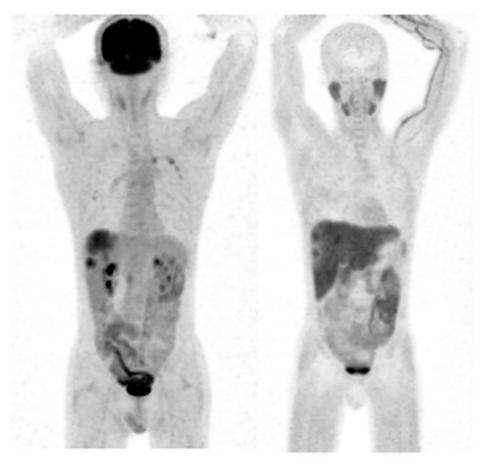
Treatment (Patient number)	¹⁸ F-FCH (N =12)	¹⁸ F-FDG (N =12)
Negative	6 (50.0%)	6 (50.0%)
Positive	6 (50.0%)	6 (50.0%)
95% CI	[21.71%, 78.29%]	[21.71%, 78.29%]

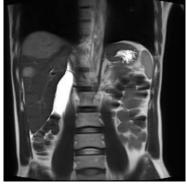
Frequency distribution of the uptake of ¹⁸F-FCH, ¹⁸F-FDG and differentiated HCC showed no statistical significance in distinguishing the differentiation stages of HCC.

		¹⁸ F-FCH			¹⁸ F-FDG	
Standard Of	Poor	Moderate	Well	Poor	Moderate	Well
Truth	differentiated	differentiated	differentiated	differentiated	differentiated	differentiated
Determination	(N = 10)	(N = 24)	(N = 6)	(N = 10)	(N = 24)	(N = 6)
Likelihood of						
cancer						
No cancer or						
nonpathologic	1 (10.0%)	9 (37.5%)	1 (16.7%)	3 (30.0%)	13 (54.2%)	1 (16.7%)
aspect						
Probably	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
lesion	0 (0.070)	0 (0.070)	0 (0.070)	0 (0.070)	0 (0.070)	0 (0.070)
Equivocal	1 (10.0%)	4 (16.7%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	1 (16.8%)
lesion	1 (10.070)	1 (10.770)	1 (10.770)	0 (0.070)	0 (0.070)	1 (10.070)
Probably	3 (30.0%)	5 (20.8%)	3 (50.0%)	2 (20.0%)	4 (16.67%)	2 (33.3%)
cancer	3 (30.070)	3 (20.070)	3 (30.070)	2 (20.070)	1 (10.0770)	2 (33.370)
Most						
probably	5 (50.0%)	6 (25.0%)	1 (16.7%)	5 (50.0%)	7 (29.17%)	2 (33.3%)
cancer						
p-value		0.4381	1010 11 16 計算學行		0.1578	20

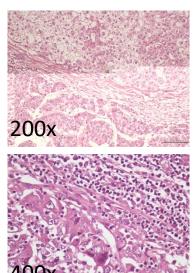
Safety

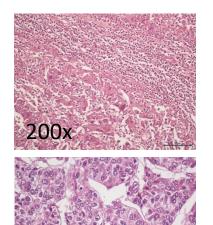
- •There was no adverse event reported during the study period.
- •The vital signs including blood pressure, pulse rate and body temperature were monitored at the baseline, before and after ¹⁸F-FCH and ¹⁸F-FDG treatment.
- •The changes of vital signs after treatment were not clinically meaningful, and there was no statistically meaningful difference between ¹⁸F-FCH and ¹⁸F-FDG .





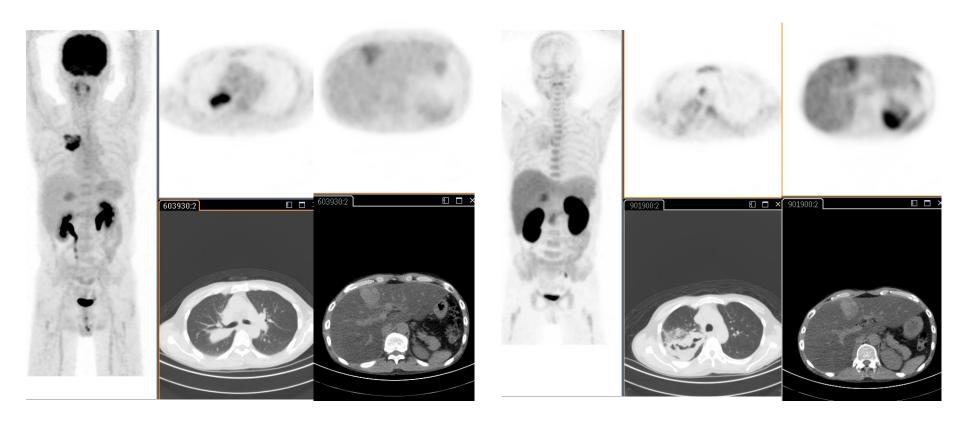
Liver MRI revealed 2 liver tumors in S 7/8 and S6, respectively





H&E stain: (Lt) S7/8, $6.8 \times 5.5 \times 4.9$ cm, grade \mathbb{II} -giant cells with pleomorphism; grade III., (Rt) S6, $1.7 \times 1.6 \times 1.4$ cm, grade III.

The FDG (Lt) and FCH (Rt) images of a 49y/o male with HBsAg (+), serum AFP 4,766ng/ml. MRI showed a 7.5cm ill-defined hypervascular lesion with contrast washout in S7/8, and a 2.6cm faint hypervascular lesion with contrast washout and capsular enhancement in S6 liver.



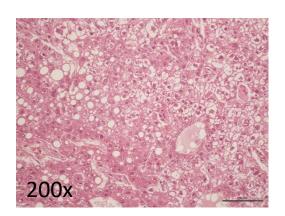
The FDG (Lt) and FCH (Rt) images at the chest and liver levels of a 42 y/o male with HBsAg (+) and serum AFP 4.4ng/ml. The individual lesions expressed both moderate FDG and FCH avidity. Progression of pneumonia during a 7-day interval between these two studies.

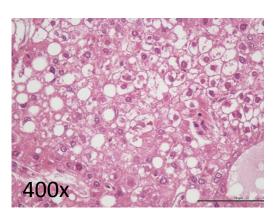




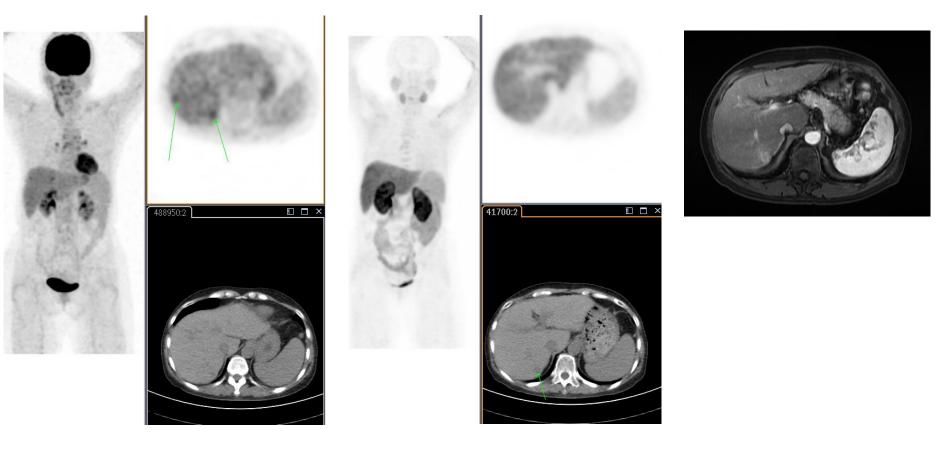


Chest X-ray (Rt) 2014-12-03, (Mid) 2014-12-16, (Lt) 2015-05-08

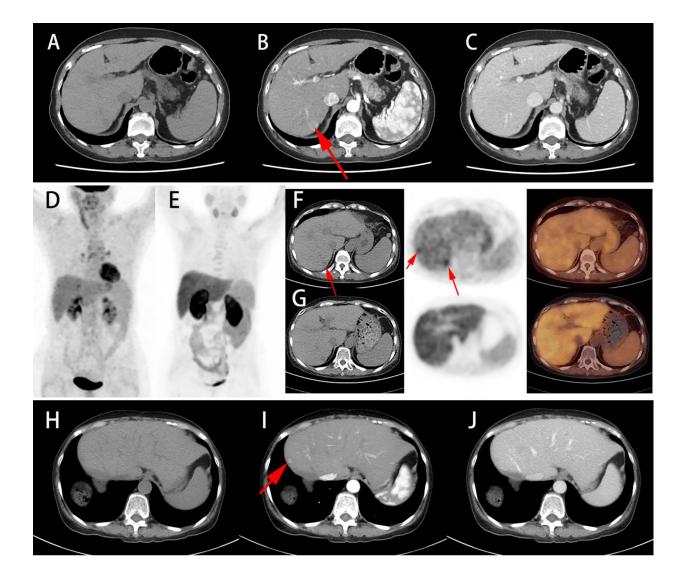




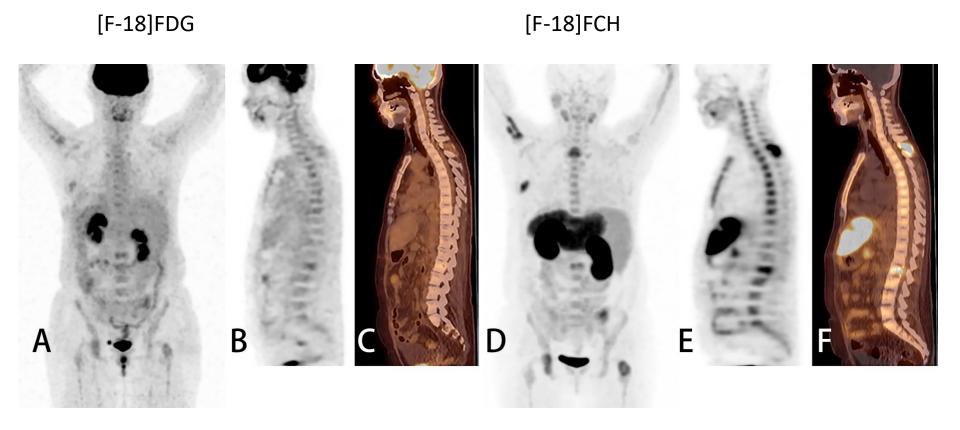
Surgical operation on 2014-12-25. Histopathological results: S4, 3.5 x 3.5 x 3.4 cm HCC, grade III, with some giant cells and nuclear pleomorphism.



The FDG (Lt) and FCH (Rt) of a 59-year-old female with serum AFP 5.7 ng/ml, and HCV (+). Abdominal MRI revealed hypervascular lesion over S7/S6 about 1.7cm with early washout and delay capsule enhancement, compatible with hepatocellular carcinoma. Histopathological results: cholangiocarcinoma, poorly differentiated, liver, S6-7.



59 y/o female, hepatitis C carrier, 1.8 cm nodule in S6/7, Cholangiocarcinoma. Post-OP AFP 35.8 ng/ml, CT revealed small nodule at S8, S/P RF ablation.



48 y/o female, HBV (+), Child-Pugh A, BCLC B, S/P TACE x 3, S/P OP Gr 3 HCC. Post-OP 2 months, serum AFP 23,959 ng/ml.

Efficacy Conclusions

- •The primary endpoint of this study was to evaluate the superiority of 18 F-FCH sensitivity in diagnosing HCC against 18 F-FDG by per-patient basis. 18 F-FCH (80.3%) showed a 23.94% higher per-patient sensitivity than 18 F-FDG (56.3%) (95% confidence interval lower bound = 10.72% and upper bound = 37.16%) in diagnosis HCC with statistical significance (p=0.0011; power=92%).
- •The same advantage for 18 F-FCH to diagnose HCC in liver against 18 F-FDG was found in per-site basis. 18 F-FCH (78.2%) had 25.45% higher per-site sensitivity (95% confidence interval lower bound = 10.15% and higher bound = 40.76%) in liver than 18 F-FDG (52.7%) with statistical significance (p=0.0028).

Efficacy Conclusions

- •Both ¹⁸F-FCH and ¹⁸F-FDG showed similar specificity in diagnosis HCC. However, due to the small number of sample size to analyzed, the results were not conclusive.
- •Both ¹⁸F-FCH and ¹⁸F-FDG also showed similar efficacy profile in detecting the differentiation stages of HCC.

¹⁸F-FDG PET/CT造影的肝癌的診斷結果

作者	發表 時間	病例 總數	肝癌 病例數	研究設計	靈敏度	特異性	註釋
Delbeke ¹²	1998	101	23	前瞻性	57 %	-	盲性試驗
Khan ¹⁴	2000	20	20	回溯性	55 %	-	SUV和分化的關聯性
Jeng ¹⁶	2003	48	36	回溯性	55 %	100 %	B型肝炎帶原者
Wudel ¹⁷	2003	67	67	回溯性	64 %	-	
Ho^{18}	2007	121	97	回溯性	79 %	91%	雙示蹤劑,比較SUV和轉移的關聯性
Park ³⁸	2008	112	99	前瞻性	61 %	-	
Yamamoto ¹⁹	2008	12	12	回溯性	50 %	-	低分化的肝癌偵測率75%
Hwang ²⁰	2009	10	10	前瞻性	40 %	-	
Sun ²¹	2009	25	19	回溯性	89 %	83 %	疑似肝癌復發的病患
Talbot ²²	2010	81	34	前瞻性	68 %	91 %	
Wolfort ²³	2010	20	20	回溯性	70 %	-	
Cheung ²⁴	2011	58	58	前瞻性	43 %	-	與 ¹¹ C-醋酸鹽PET造影、血管侵犯比較
Larsson ²⁵	2012	44	44	回溯性	30 %	-	
Cheung ²⁶	2013	43	43	回溯性	33 %	-	手術或移植前,與TNM分期比較
Ijichi ²⁷	2013	56	56	回溯性	43 %	_	SUV和變異,腫瘤大小和血管侵犯的關聯性
Schierz ¹⁵	2013	27	27	回溯性	100 %	_	動態PET造影分析動脈灌注
Wang ²⁸	2013	36	32	回溯性	97 %	83 %	疑似肝癌復發的病患
Cho ²⁹	2014	457	457	回溯性	-	_	診斷肝外轉移的靈敏度98%、特異性92%
Wang ³⁰	2015	22	22	前瞻性	57 %	_	含動態PET造影的靈敏度78%
Ferda ³¹	2015	65	65	回溯性	-	_	鑑別高低分化的靈敏度84%、特異性75%
Castilla-Lievre ³²	2016	33	28	前瞻性	36 %	-	
Kao ³³	2016	83	71	前瞻性	56.3%	50%	與 ¹⁸ F-膽鹼PET造影比較
Bailly ³⁴	2016	34	34	回溯性	29 %		SUV與病理分級、血管侵犯的關聯性

¹⁸F-FCH PET/CT造影診斷肝癌結果分析

作者	發表 時間	病例 總數	肝癌 病例數	使用 放射藥品	研究設計	靈敏度	特異性	註釋
Talbot ⁵⁷	2006	12	12	¹⁸ F-膽鹼	前瞻性	100 %	-	與 ¹⁸ F-FDG PET造影比較
Yamamoto ¹⁹	2008	12	12	¹¹ C-膽鹼	回溯性	63 %	-	與 ¹⁸ F-FDG PET造影比較
Talbot ²²	2010	81	34	¹⁸ F-膽鹼	前瞻性	88 %	62 %	與 ¹⁸ F-FDG PET造影比較
Wu ⁵⁶	2011	76	76	¹¹ C-膽鹼	前瞻性	71 %	-	與 ¹⁸ F-FDG PET造影比較
Bieze ⁵⁹	2014	49	49	¹⁸ F-膽鹼	前瞻性	100 %	97%	評估對治療的意義
Lopci ⁶⁰	2015	45	45	¹¹ C-膽鹼	回溯性	88 %	90 %	與CT/MRI比較
Kao ³³	2016	83	71	¹⁸ F-膽鹼	前瞻性	80.3%	50%	與 ¹⁸ F-FDG PET造影比較
Castilla-Lievre ³²	2016	33	28	¹¹ C-膽鹼	前瞻性	75 %	-	與 ¹⁸ F-FDG PET造影比較

Discussion

- 1.HCC cases detected by at least one PET scan (¹⁸F-FDG and ¹⁸F-FCH) was high up to 87.3%(62/71) by per-patient basis and 85.5%(47/55) by per-site basis. In the future, ¹⁸F-FDG and ¹⁸F-FCH may form a "set" of duo-PET scans for the diagnosis of HCC.
- 2.HCC lesions expressed variable FDG and FCH avidity, current histological grading based on nuclear pleomorphism cannot represent the metabolic change of the tumor.

Detection rate of radiolabelled choline PET or PET/CT in hepatocellular carcinoma: an updated systematic review and meta-analysis

- Nine studies (283 HCC patients) were included in the pooled analysis.
- The pooled detection rate of radiolabelled choline PET or PET/CT on a per patient- and on a per lesion-based analysis was 83% [95% confidence interval (95% CI) 75–89%] and 79% (95% CI 72–86%), respectively. A significant heterogeneity among the studies was found on a per lesion-based analysis only. No significant publication bias was found.
- The subgroup analysis demonstrated a trend towards a higher detection rate when using ¹⁸F-choline compared to ¹¹C-choline, without a statistically significant difference.

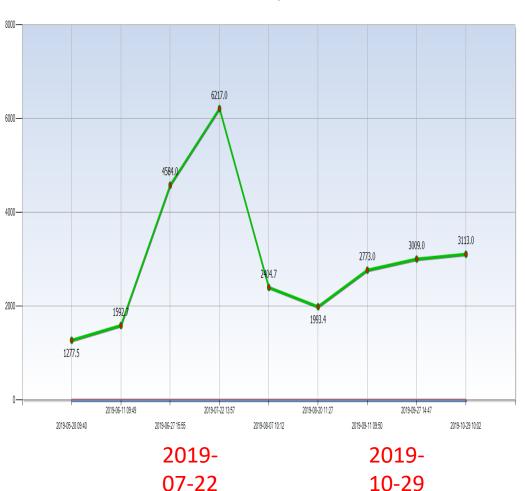
Signore G, et al. Clinical and Translational Imaging. 2019;7, 237–253.

Detection rate of radiolabelled choline PET or PET/CT in hepatocellular carcinoma: an updated systematic review and meta-analysis

- Pooled detection rate of HCC using dual-tracer PET/CT (radiolabelled choline and 18F-FDG) on a per patient- and a per lesion-based analysis was 91% (95% CI 87–95%) and 89% (95% CI 80–95%), respectively, without significant heterogeneity.
- The detection rate increased when dual-tracer PET/CT was performed.

History





64 y/o, male. HBV Carrier, HCC was proved in 2018-8.

HCC with bone mets s/p Y-90, TACE in liver tumor and XRT to bone metastatic foci, s/p C/T.

Serum AFP level progressive elevation.

First exam



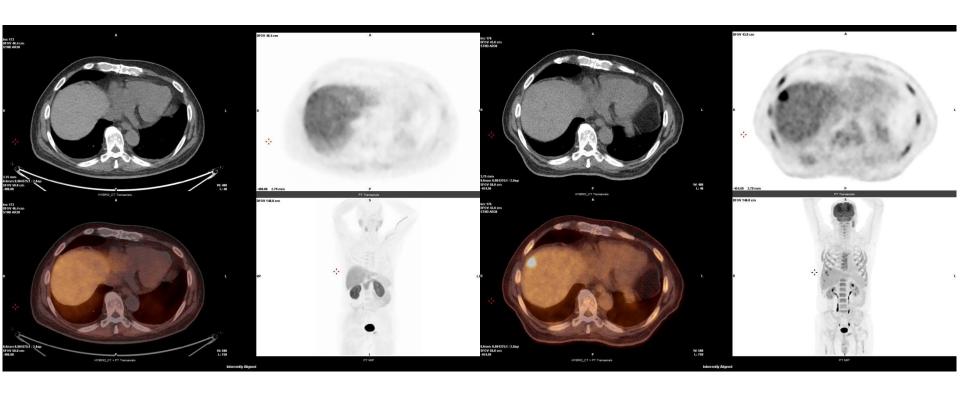


First exam-lesion I

Right lobe of liver

2019-07-08 F-choline

2019-07-11 FDG

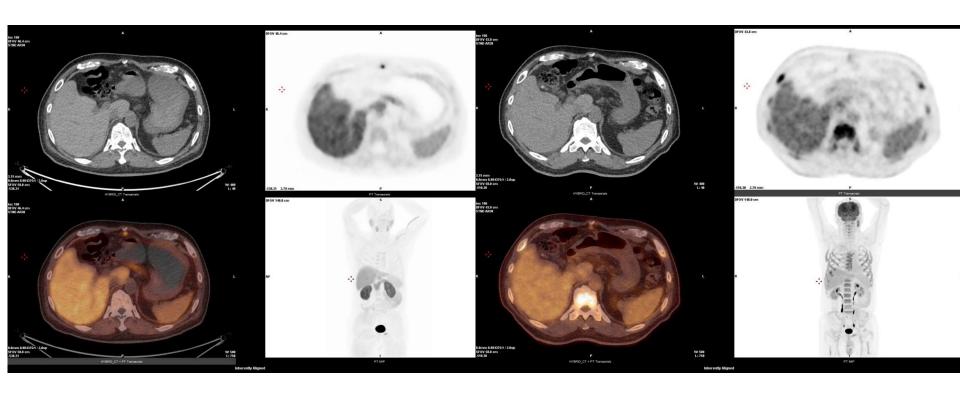


First exam-lesion II

Lymph node posterior of xiphoid process

2019-07-08 F-choline

2019-07-11 FDG

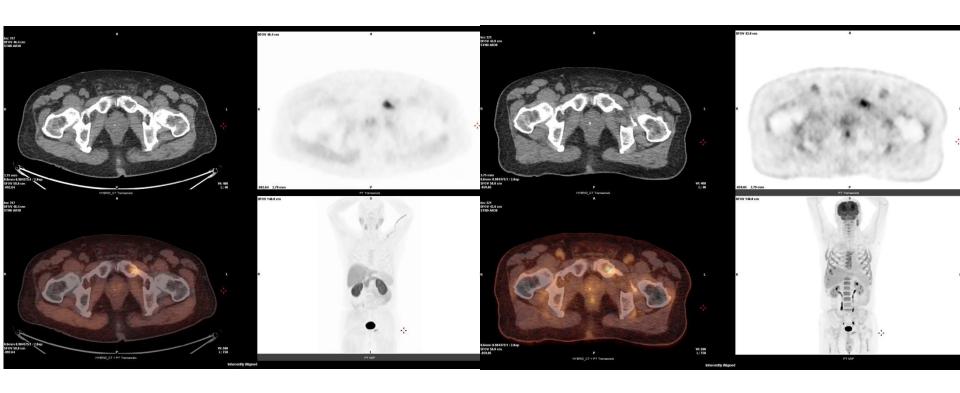


First exam lesion-III

Pubic bone

2019-07-08 F-choline

2019-07-11 FDG



History





2019-07-22

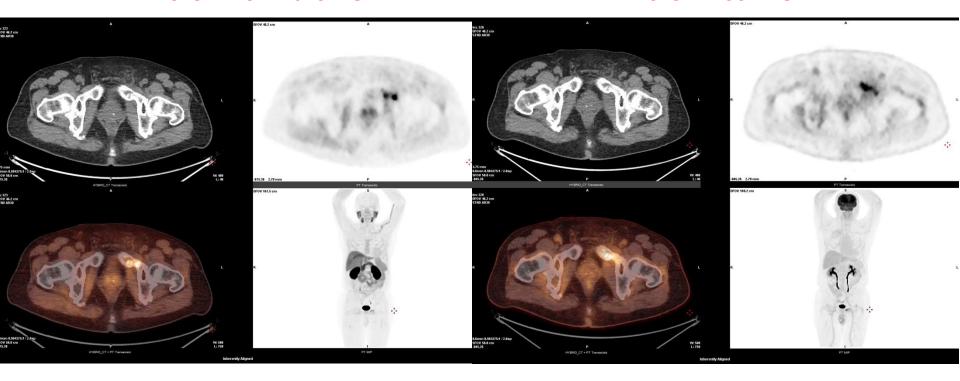
2019-10-29

Second exam-lesion III

Pubic bone

2019-11-01 F-choline

2019-11-06 FDG

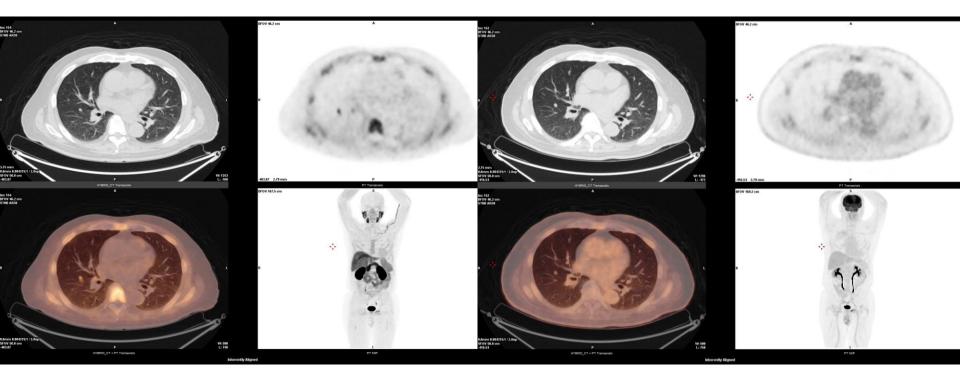


Second exam- NEW lesion

RLL of lung

2019-11-01 F-choline

2019-11-06 FDG



衛福部食藥署核備醫院調製 PET 藥品品項

F-18 FDG	F-18 FDOPA	F-18 NaF	C-11 Sodium Acetate	N-13 NH3	F-18 FLT	F-18 FCH	Ga-68 DOTATOC
台北榮總			台北榮總	台北榮總			
新光醫院							
臺大醫院		臺大醫院				臺大醫院	臺大醫院
三軍總醫院		三軍總醫院					
林口長庚		林口長庚	林口長庚				
中山附醫		中山附醫			中山附醫		
義大醫院		義大醫院					
阮綜合醫院		阮綜合醫院	阮綜合醫院				
花蓮慈濟	花蓮慈濟	花蓮慈濟	花蓮慈濟				

2019-10-01









	7-7-7-						
週日 26 (廿二)	週一 27 (廿三) 台大 F-18 choline	週二 28 (廿四)	週三 29 (廿五)	週四 30 (廿六) 台中中山醫 F-18 FLT 花蓮慈濟 NaF	週五 31 (廿七)	週六 6月 1日(廿八)	₽
2 (世九)	3(五月) 北榮 C-11 acetate	4 (初二)	5 (初三) 北榮 C-11 acetate	6 (芒種) 花蓮慈濟 NaF	7(初五) 端午節彈性放假	8 (初六)	+
9 (初七)	10 (初八)	11 (初九)	12 (初十)	13 (十一) 台中中山醫 F-18 FLT	14 (十二) 花蓮慈清 NaF	15 (十三)	
16 (十四)	17 (十五)	18 (十六)	19 (十七)	20 (十八) 花蓮慈濟 NaF	21 (夏至)	22 (二十)	
23 (世一)	24 (世二) 台大 F-18 choline	25 (世三)	26 (廿四)	27 (廿五) 台中中山醫 F-18 FLT 花蓮慈濟 NaF	28 (世六)	29 (世七)	
30 (世八)	7月 1日(廿九)	2 (三十)	3 (六月)	4 (初二)	5 (初三)	6 (初四)	>

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Thank you for your attention!